

Take Up Your Cross, The Savior Said

arranged by Howard Helvey



in loving memory of my uncle
James Millard Howard (1945-2022)

Take Up Your Cross, the Savior Said

For SA(T)B Choir and Piano*

Charles William Everest
(1814-1877), *alt.*

Based on BOURBON
Columbian Harmony, 1825
Credited to Freeman Lewis (1790-1859)
Arranged by HOWARD HELVEY
(ASCAP)

Allegretto ♩ = 92

unis. mf *simile*

Soprano
Alto

Take up your cross, the Sav-ior said, if you would my dis -

unis. mf *simile*

Tenor
Bass

ci - ple be; take up your cross with will-ing heart, and hum-bly fol - low

mp

af - ter me.

mp

Piano

mp

8 9 10

ped. ad lib.

*This anthem is based on a piano solo in the collection *Transformations* (PC25).

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unis. mp legato

Take up your cross; let —

11 12 13

not its weight fill your weak spir - it with a - larm; Christ's —

14 15 16

strength shall bear your — spir - it up and — brace your heart, and —

17 18 19

nerve your arm. _____

unis. *mp* legato

Take

20 21 22

ped. ad lib. -----

up your cross, heed _____ not the shame, and let your fool - ish

(*mp*)

23 24 25

p

Ah _____

heart be still; the Lord for you ac - cept-ed death up -

26 27 28

on a cross, on Cal-v'ry's hill.

29 30 31

ped. ad lib.

p legato *cresc. poco a poco (to m. 42)*

mel.

Take up your cross, then, in his strength, and

opt. div. p legato *cresc. poco a poco (to m. 42)*

mel. *cresc. poco a poco (to m. 42)*

p

32 33 34

calm - ly ev - 'ry dan - ger brave: it guides you to a -

35 36 37

bun-dant life and leads to vic - t'ry — o'er the grave.

38 — 39 — 40 —

poco rit. *unis. f* *a tempo*

Take up your cross, and —

poco rit. *unis. f* *a tempo*

41 — 42 — 43 —

poco rit. *f* *a tempo*

simile

fol - low Christ, nor think till death to lay it down; for

simile

44 — 45 — 46 —

poco rit.

on - ly — those who — bear the cross may hope to wear the —

poco rit.

poco rit.

47 48 49

a tempo *mp*

glo - rious crown.

a tempo *mp*

a tempo

50 51 52

ped. ad lib.

p *rall.* *delicatamente*

Mm

rall.

p

53 54 55 56



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